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Grill Friends™ Double Kabob Skewers Put an End to Twirling Food
Two Prongs Stabilize Food and Promote Even Cooking

After hamburgers and steaks, Americans love to grill kabobs. They are so popular that every grocery store has them prepared, ready to go on the grill. And that is where the home cook's frustration begins.

Kabobs are traditionally held together with a single skewer threaded down the middle of the food. As the food cooks, that single skewer acts like an axel on a tire and the food twirls around the skewer, making it difficult to get it uniformly cooked and marked. Clearly, America needs a better kabob skewer!

Enter the new *Grill Friends™ Double Kabob Skewer*. This functional design mimics the laddering technique that Grill Friends creator, Elizabeth Karmel, has been teaching for years. The heavy-duty stainless-steel skewers hold the food securely on two sharp prongs that allow for even cooking and only have to be turned once halfway through the cooking time to insure great grill marks on both sides.

“These Grill Friends™ Double Kabob Skewers are a fancy version of my kabob “laddering” technique. For years, I’ve instructed folks to use 2 bamboo skewers and thread the food with both skewers so it looks like a “ladder” of food. The double skewers prevent the food from twirling around when you try to turn them. This allows the kabobs to cook evenly and you only have to turn them once halfway through the cooking time,” explains Karmel.

The Grill Friends™ Double Kabob Skewers are designed for maximum functionality with sharp points to aid in the threading of the raw food on the skewers and “pusher” plate to help take the food off the skewers. “I borrowed the look of a pitch fork and dressed it in shiny and mat stainless steel to fit any style or palate. These double skewers are handsome enough to serve at the table and come with a *Pusher* that slides up the prongs to push the food off the skewers, easily and elegantly” says Karmel.

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A 3-inch handle makes the skewer easy to put on, and take off the grill. The skewers are packaged with re-moveable safety caps to protect the sharp edges during storage.

The handsome all stainless-steel *Double Kabob Skewers* are sturdy, dishwasher safe and come packaged in a box of 4 for \$24.00

The Grill Friends™ Double Kabob Skewers are available nationally at kitchen, gourmet and housewares stores, in mail-order catalogs, and online at www.BBQPROSHOP.com The suggested retail price for the set of 4 Double Kabob Skewers is \$19.99.

The Double Kabob Skewers can be used in the grill or the oven and are distributed by Harold Import Co. along with the rest of the Grill Friends line of ceramic serving pieces, aprons, kitchen and outdoor cooking tools. The other products include the award-winning Super Silicone Angled BBQ Basting Brush, the GrillMat™, the Grill Friends™ Turkey Brining Bag™ and the SuperGrater™.

Harold Import Co. is also distributing Karmel's cookbook, *Taming the Flame: Secrets for Hot-and-Quick Grilling and Low-and-Slow BBQ*, published by John Wiley & Sons and released in May 2005.

Look for six additional Grill Friends products this spring; the BBQ to Go Kit (packed with everything you need for serious outdoor cooking), the open-stock BBQ to Go Case, Brass Cleaning Brush with Replacement Brush Head, Super Silicone Multi-Use Tongs, Off-Set Spatula and Glow-in-the-Dark Instant-Read Meat Thermometer with *bonus* Temperature Guideline Magnet. For more information, contact Elizabeth Karmel at 312-951-8394 or Kirsten Newman Teissier at 610-459-5575; or Kirsten@GirlsattheGrill.com and Elizabeth@GirlsattheGrill.com .

Grill Friends is a line of kitchen and grilling tools that solve problems that real cooks have in the kitchen, around the grill and at the table. www.grillfriends.com .

Grill Friends: Tools That Make Home Cooks, Better Cooks; Indoor and Out

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